



AT THIS AGE, children:

- Are active and have lots of energy.
- Can change moods quickly. May go from loud and active one moment to shy and quiet the next.
- Enjoy more group activities. Can pay attention longer.
- May form groups of friends and can be bossy.
- May change friendships quickly.



AT THIS AGE, children like making faces and being silly.

AT THIS AGE, children love to use words in rhymes, nonsense and jokes.



CHILDREN ALSO:

- May brag and name call during play.
- May try out swear words and bathroom words.
- Can be very imaginative.
- May like to exaggerate.
- Can be clumsy.
- Often are great talkers. Ask a lot of questions.



AT THIS AGE, children need the chance to:

- Play outdoors.
- Listen to stories, poems and songs and make up stories.
- Group items that are alike.
- Try new things and learn within limits.

AT THIS AGE, children need the chance to

use paints, child scissors, crayons and jigsaw puzzles.



AT THIS AGE, children need the chance to:

- Explore and try new things.
- Use their imagination and be curious.
- See what reading and writing are for.



TIPS to remember: GIVE CHILDREN love and attention.

- Read, sing and talk each day.
- Meet children's needs right away.
- Hold your baby often.
- Answer your baby's cries and your child's questions.

MAKE SAFE PLAY areas for children.

- Give children time to run, jump and dance.
- Let children do art, or play with blocks and puzzles.
- Give children a chance to do things on their own.

IT IS ALSO good to:

- Set up times to play with other children.
- Let children have a few choices.
- Be a kind and caring example.



4 to 5 YEARS OLD

LEARNING STARTS EARLY

What to expect when a child is 4-5 years old and how you can help a child grow and learn